



# ROFEL SHRI G.M. BILAKHIA COLLEGE OF PHARMACY

APPROVED BY PHARMACY COUNCIL OF INDIA (PCI) AND AFFILIATED TO GUJARAT TECHNOLOGICAL UNIVERSITY, AHMEDABAD

Managed by Rotary Foundation for Education and Learning (ROFEL) Trust

Estd. In 1999

ROFEL NAMDHA CAMPUS, Vapi-Namdha Road, P.B. No. 11, Vapi (West) - 396191, Dist.- Valsad (Gujarat)

Tel: 9727723722 | 42 | 62; Email: rofelpharm@gmail.com; website: www.rofelpharma.org

## Report on Fit India Freedom Run Celebration

The Ministry of Youth affair and Sports, Govt of India has planned to introduce new initiative under the aegis of Fit India Movement namely, 'Fit India Freedom Run' starting for 15<sup>th</sup> August, 2020 till 2<sup>nd</sup> October, 2020. To make this initiative successful, our institute ROFEL Shri G. M. Bilakhia College of Pharmacy has organized Fit India Freedom Run in the institute for Teaching staffs and non teaching staffs with maintaining protocol of covid-19.

Our Principal, Dr. Arindam Paul and NSS program Co-ordinator Mr. Jitesh Jariwala has also encouraged undergraduate and postgraduate students to actively participate in this initiative to participate from home. They were advice to do jogging, walking and running at their place. Dr. Hitesh Dalwadi and Dr. Ankit Merai have given brief account on importance of fitness in healthy life style. Both senior faculty of institute had shared their experience on outdoor activity and how its should be effectively implemented in daily life. As a part of celebration, institute faculty and non teaching staff had actively participated in Fit India Freedom Run and their activity video had been uploaded on state portal. After session, Institute has arranged light refreshment for all.



(Dr. Alisha Patel – Associate Professor)



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(Dr. Arindam Paul – Principal)



(Dr. Ankit Merai – Associate Professor)



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(Shri Narendra Patel – Peon)



(Dr. Hitesh Dalwadi – Associate Professor)



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(Mr. Jitesh Jariwala – PO – NSS)