



ROFEL SHRI G.M. BILAKHIA COLLEGE OF PHARMACY

APPROVED BY PHARMACY COUNCIL OF INDIA (PCI) AND AFFILIATED TO GUJARAT TECHNOLOGICAL UNIVERSITY, AHMEDABAD

Managed by Rotary Foundation for Education and Learning (ROFEL) Trust

Estd. In 1999

ROFEL NAMDHA CAMPUS, Vapi-Namdha Road, P.B. No. 11, Vapi (West) - 396191, Dist.- Valsad (Gujarat)

Tel: 9727723722 | 42 | 62; Email: rofelpharm@gmail.com; website: www.rofelpharma.org

FIT INDIA DAY CELEBRATION

Fit India Movement is a nation-wide movement in India to encourage people to remain healthy and fit by including physical activities and sports in their daily lives. It was launched by Prime Minister of India Shri Narendra Modi at Indira Gandhi Stadium in New Delhi on 29th August 2019. Honorable Prime Minister of India, Shri Narendra Modi had addressed to the nation about the purpose of the day. Various cultural performances were carried out to promote the idea of FIT INDIA in the whole nation. The purpose of the observation of the day was to spread the importance of being FIT and Healthy. It is health that is real wealth and not pieces of gold and silver. With this saying of Mahatma Gandhi, ROFEL Shri G.M. Bilakhia College of Pharmacy, Vapi had also observed the day with the same purpose. Live telecast of the program was made available to the students and then a fitness pledge was taken at the end.





ROFEL SHRI G.M. BILAKHIA COLLEGE OF PHARMACY

APPROVED BY PHARMACY COUNCIL OF INDIA (PCI) AND AFFILIATED TO GUJARAT TECHNOLOGICAL UNIVERSITY, AHMEDABAD

Managed by Rotary Foundation for Education and Learning (ROFEL) Trust

Estd. In 1999

ROFEL NAMDHA CAMPUS, Vapi-Namdha Road, P.B. No. 11, Vapi (West) - 396191, Dist.- Valsad (Gujarat)

Tel: 9727723722 | 42 | 62; Email: rofelpharm@gmail.com; website: www.rofelpharma.org



Pledge was *“I promise to myself that I will devote time for physical activity and sports every day and I will encourage my family members and neighbours to be physically fit and make India a fit nation.”*